



# HELENA VALLEY PRIMARY SCHOOL CANTEEN MENU - TERM 4, 2017



## RECESS/FIRST BREAK

Cheesie	\$2.00
Mini Cheesie	\$1.00
<b>Snack Pie 50g</b>	\$1.00
Pizza or Ham&Cheese Subs	\$2.00
Cheese&Vegmite or pizza Scrolls	\$0.30
Mini Quiche	\$0.50
Custard	\$0.80
Brownie (Weet-Bix) Slice	\$0.50

Pikelet	\$0.30
Coconut Fruit Slice	\$0.20
Apple Slinky	\$0.50
Seasonal Fruit 	\$0.80
Muffins	\$1.00
Popcorn & Pretzel Mix	\$0.50
Veggie sticks with dip	\$1.00
Recess Sampler Pack	\$2.00

## TERM 4 SPECIAL MEAL DEALS

**\*\*Sausage Roll OR 120g Pie, sauce & a slushie = \$4.00\*\***

OR

**\*\*Ham, cheese & salad sandwich & a slushie = \$5.50\*\***



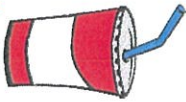
**\*\*NEW RECESS PACK \$2.00\*\***

Mini Cheesie, pikelet, pastry scroll, piece of fruit & popcorn mix all for only \$2.00 - great for hungry kids going through growth spurts!

## MAIN MEALS

### EXTRAS

Drinks	
Bottled Water	\$2.00
Flavoured Milk	\$2.20
Fruit Box	\$1.90
LOL Can	\$2.50
Up n Go	\$2.20
Slushie (One size only)	\$2.00
Warm Milo (winter only)	\$1.00
Icecreams & Cold Snacks	
Snap Zing	\$1.00
Billabong Choc Icecream	\$1.50
Billabong Rainbow Icecream	\$1.50
Frozen "O's" (Pineapple)	\$0.80
Sauce	
Tomato Sauce	\$0.40




Hot Food (add 40c for tomato sauce)	
Hot Chicken Roll w/mayo	\$4.60
<b>Hot Dog</b>	\$3.50
Hamburger	\$5.00
Pizza	\$4.10
(Ham&Cheese, Ham&Pineapple or Vegetarian)	
Lasagne	\$4.60
Macaroni Cheese	\$3.50
Pasta Bolognese	\$4.50
Chicken Crackles (qty 4)	\$2.80
Hash Browns (qty 1)	\$1.10
Sausage Roll	\$2.80
Pie 120g	\$2.80
Potato Pie 180g	\$4.00
Cruiser Pie (Beef & Cheese)	\$4.00
Nachos	\$4.50



Sushi (Homemade)	
Tuna	\$5.50
Chicken	\$5.50
Vegetarian	\$5.50



Sandwiches, Rolls & Wraps		Sandwiches or rolls	Wraps
(Wholemeal or gluten free bread available on request)			
Cheese		\$3.00	
Cheese and Tomato		\$3.50	
Cheese & Salad		\$4.00	\$5.00
Ham OR Chicken OR Egg OR Tuna and Salad		\$4.50	\$5.50
Ham OR Chicken and Cheese		\$4.00	\$5.00
Chicken, Cheese & Pineapple		\$4.00	
Chicken Schnitzel & Salad			\$6.50
<b>Standard Salad has Lettuce, Tomato, carrot &amp; cucumber</b>			
Add pineapple, beetroot, tomato OR cheese			Add 50c
To have sandwich toasted			Add 50c
Gluten Free Bread			Add \$1.00
Salad Plates (Come with lettuce, tomato, carrot, cucumber, cheese, beetroot, pineapple - please specify any requirements)			
Salad only		\$4.00	
Ham OR Chicken OR Tuna and Salad		\$5.00	
Chicken Schnitzel and Salad		\$6.00	
Chicken Crackles (qty 4) and Salad		\$6.00	
Add Hard boiled Egg		Add 50c	



**HVPS Canteen follows the Traffic Light system of Healthy Food Regulations - our menu items are green or amber.**



## CANTEEN INFORMATION

Operating days are **Tuesdays and Thursdays** - volunteers are required on these days. The Canteen Manager is **Donna Lysle, Ph: 0421 696 935.**

HVPS break times are: **1st: 10.50am-11.20am & 2nd: 1.15pm-1.45pm.** If you have any other special requirements, please speak to Donna.