



HELENA VALLEY PRIMARY SCHOOL CANTEEN MENU - TERM 2, 2018



RECESS/FIRST BREAK

Cheesie	\$2.00
Mini Cheesie	\$1.00
Snack Pie 50g	\$1.00
Pizza or Ham&Cheese Subs	\$2.00
Cheese&Vegmite or pizza Scrolls	\$0.30
Mini Quiche	\$0.50
Custard	\$0.80
Brownie (Weet-Bix) Slice	\$0.50

Pikelet	\$0.30
Coconut Fruit Slice	\$0.20
Apple Slinky	\$0.50
Seasonal Fruit 	\$0.80
Muffins	\$1.00
Popcorn & Pretzel Mix	\$0.50
Veggie sticks with dip	\$1.00
Recess Pack (Cheesie OR muffin)	\$2.00

TERM 2 SPECIAL MEAL DEALS

****Sausage Roll OR 110g Pie, sauce & a Milo = \$4.00****

Save Money OR

****Toasted sandwich & a Milo = \$5.00****


New FroYo2Go frozen yoghurts in stock \$2 each - Cookies & Cream, Mango, Caramel Cheesecake & Cracker Jack (Blackberry) Flavours

****RECESS PACKS \$2.00****

Cheesie Pack - Veggie sticks, mini pikelet, scroll & Cheesie Muffin Pack - Veggie sticks, mini pikelet, scroll & muffin

MAIN MEALS

Sandwiches, Rolls & Wraps

(Wholemeal or gluten free bread available on request)	Sandwiches or rolls	Wraps
Cheese	\$3.00	
Cheese and Tomato	\$3.50	
Cheese & Salad	\$4.00	\$5.00
Ham OR Chicken OR Egg OR Tuna and Salad 	\$4.50	\$5.50
Ham OR Chicken and Cheese	\$4.00	\$5.00
Chicken, Cheese & Pineapple	\$4.00	
Chicken Schnitzel & Salad		\$6.50

Standard Salad has Lettuce, Tomato, carrot & cucumber

Add pineapple, beetroot, tomato OR cheese

To have sandwich toasted

Gluten Free Bread

Add 50c

Add 50c

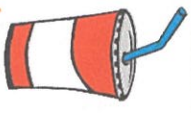
Add \$1.00

Salad Plates (Come with lettuce, tomato, carrot, cucumber, cheese, beetroot, pineapple - please specify any requirements)

Salad only	\$4.00	
Ham OR Chicken OR Tuna and Salad	\$5.00	
Chicken Scritzal and Salad	\$6.00	
Chicken Crackles (qty 4) and Salad	\$6.00	
Add Hard boiled Egg	Add 50c	

EXTRAS

Drinks	
Bottled Water	\$2.00
Flavoured Milk	\$2.20
Fruit Box	\$1.90
LOL Can	\$2.50
Up n Go	\$2.20
Slushie (One size only)	\$2.00
Warm Milo (winter only)	\$1.00
Icecreams & Cold Snacks	
Snap Zing	\$1.00
Billabong (Choc or Rainbow)	\$1.50
FroYo2Go (assst'd flavours)	\$2.00
Frozen "O's" (Pineapple)	\$0.80
Sauce	
Tomato Sauce	\$0.40



HPVS Canteen follows the Traffic Light system of Healthy Food Regulations - our menu items are green or amber.

GO SLOW WHOA

Let's eat right to stay healthy

CANTEEN INFORMATION

Operating days are **Tuesdays and Thursdays** - volunteers are required on these days. The Canteen Manager is **Donna Lysle**, Ph: **0421 696 935**.

HPVS break times are: **1st: 10.50am-11.20am & 2nd: 1.20pm-1.50pm**. If you have any other special requirements, please speak to Donna.