



HELENA VALLEY PRIMARY SCHOOL CANTEEN MENU - TERM 1, 2018



RECESS/FIRST BREAK

Cheesie	\$2.00
Mini Cheesie	\$1.00
Snack Pie 50g	\$1.00
Pizza or Ham&Cheese Subs	\$2.00
Cheese&Vegmite or pizza Scrolls	\$0.30
Mini Quiche	\$0.50
Custard	\$0.80
Brownie (Weet-Bix) Slice	\$0.50

Pikelet	\$0.30
Coconut Fruit Slice	\$0.20
Apple Slinky 	\$0.50
Seasonal Fruit	\$0.80
Muffins	\$1.00
Popcorn & Pretzel Mix	\$0.50
Veggie sticks with dip	\$1.00
Recess Pack (Cheesie OR muffin)	\$2.00

TERM 1 SPECIAL MEAL DEALS

****Sausage Roll OR 120g Pie, sauce & a slushie = \$4.00****

OR

****Ham, cheese & salad sandwich & a slushie = \$5.50****

Save Money

****RECESS PACKS \$2.00****

Cheesie Pack - piece of fruit, mini pikelet, scroll & Cheesie
Muffin Pack - piece of fruit, mini pikelet, scroll & muffin

EXTRAS

Drinks	
Bottled Water 	\$2.00
Flavoured Milk	\$2.20
Fruit Box	\$1.90
LOL Can	\$2.50
Up n Go	\$2.20
Slushie (One size only)	\$2.00
Warm Milo (winter only)	\$1.00
Icecreams & Cold Snacks	
Snap Zing	\$1.00
Billabong (Choc or Rainbow)	\$1.50
Yoghurt (Traditional/Strawberry)	\$2.00
Frozen "O's" (Pineapple)	\$0.80
Sauce	
Tomato Sauce	\$0.40

Hot Food (add 40c for tomato sauce)

Hot Chicken Roll w/mayo	\$4.60
Hot Dog	\$3.50
Hamburger	\$5.00
Pizza	\$4.10
(Ham&Cheese, Ham&Pineapple or Vegetarian)	
Lasagne	\$4.60
Macaroni Cheese	\$3.50
Pasta Bolognaise	\$4.50
Chicken Crackles (qty 4)	\$2.80
Hash Browns (qty 1) 	\$1.10
Sausage Roll	\$2.80
Pie 120g	\$2.80
Potato Pie 180g	\$4.00
Cruiser Pie (Beef & Cheese)	\$4.00
Nachos	\$4.50

MAIN MEALS

Sandwiches, Rolls & Wraps	Sandwiches or rolls	Wraps
(Wholemeal or gluten free bread available on request)		
Cheese	\$3.00	
Cheese and Tomato	\$3.50	
Cheese & Salad 	\$4.00	\$5.00
Ham OR Chicken OR Egg OR Tuna and Salad	\$4.50	\$5.50
Ham OR Chicken and Cheese	\$4.00	\$5.00
Chicken, Cheese & Pineapple	\$4.00	
Chicken Schnitzel & Salad		\$6.50
Standard Salad has Lettuce, Tomato, carrot & cucumber		
Add pineapple, beetroot, tomato OR cheese		Add 50c
To have sandwich toasted		Add 50c
Gluten Free Bread		Add \$1.00

Salad Plates (Come with lettuce, tomato, carrot, cucumber, cheese, beetroot, pineapple - please specify any requirements)

Salad only	\$4.00
Ham OR Chicken OR Tuna and Salad	\$5.00
Chicken Schnitzel and Salad	\$6.00
Chicken Crackles (qty 4) and Salad	\$6.00
Add Hard boiled Egg	Add 50c



HVPS Canteen follows the Traffic Light system of Healthy Food Regulations - our menu items are green or amber.



Sushi (Homemade)

Tuna 	\$5.50
Chicken	\$5.50
Vegetarian	\$5.50

CANTEEN INFORMATION

Operating days are **Tuesdays and Thursdays** - volunteers are required on these days. The Canteen Manager is **Donna Lysle**, Ph: **0421 696 935**.

HVPS break times are: **1st**: 10.50am-11.20am & **2nd**: 1.15pm-1.45pm. If you have any other special requirements, please speak to Donna.