



# HELENA VALLEY PRIMARY SCHOOL CANTEEN WINTER MENU - TERMS 2 & 3, 2019



## RECESS/FIRST BREAK

Cheesie	\$2.00
Mini Cheesie	\$1.00
Snack Pie 50g	\$1.00
Pizza or Ham&Cheese Subs	\$2.00
Pastry Scrolls 40c ea or 3 for \$1	\$0.40
Mini Quiche	\$0.50
Custard	\$0.80
Brownie (Weet-Bix) Slice	\$0.50

Pikelet	\$0.30
Apricot Balls	\$0.50
Apple Slinky	\$0.50
Seasonal Fruit	\$0.80
Muffins	\$1.00
Popcorn & Pretzel Mix	\$0.50
Veggie sticks with dip	\$1.00
Recess Pack (Cheesie OR muffin)	\$2.00



## \*\*TERM 2 & 3 MEAL DEALS\*\*

Sausage Roll OR 110g Pie, sauce & a warm milo = \$4.00

## \*\*RECESS PACKS \$2.00\*\*

**Cheesie Pack** - cheese & crackers, mini pikelet, scroll & Cheesie  
**Muffin Pack** - cheese & crackers, mini pikelet, scroll & muffin

## EXTRAS

Drinks	
Bottled Water	\$2.00
Flavoured Milk	\$2.20
Fruit Box	\$1.90
Juice Bomb (Carbonated Juice)	\$2.50
Up n Go	\$2.20
Slushie (Terms 1 & 4 only)	\$2.00
Warm Milo (winter only)	\$1.00
Icecreams & Cold Snacks	
Snap Zing	\$1.00
Sorbet	\$0.50
Frozen "O's" (Pineapple)	\$0.80
Sauce	
Tomato Sauce	\$0.40



## Hot Food (add 40c for tomato sauce)

Hot Chicken Roll w/mayo	\$4.00
Hot Dog	\$3.50
Hamburger	\$5.00
Pizza	\$4.10
(Ham & Cheese, Ham & Pineapple or Vegetarian)	
Lasagne	\$4.60
Macaroni Cheese	\$3.50
Pasta Bolognaise	\$4.50
Chicken Crackles (qty 4)	\$2.80
Chicken Wings (qty 3)	\$3.00
Hash Browns (qty 1)	\$1.10
Sausage Roll	\$2.80
Pie 110g	\$2.80
Cruiser Pie (Plain Beef)	\$4.00
Nachos	\$4.50
Butter Chicken & Rice	\$5.00
Soup & Bread Roll	\$4.00



## MAIN MEALS

Sandwiches, Rolls & Wraps	Sandwiches or rolls		Wraps
(Wholemeal or gluten free bread available on request)			
Cheese	\$3.00		
Cheese and Tomato	\$3.50		
Cheese & Salad	\$4.00		\$5.00
Ham OR Chicken OR Egg OR Tuna and Salad	\$4.50		\$5.50
Ham OR Chicken and Cheese	\$4.00		\$5.00
Chicken, Cheese & Pineapple	\$4.00		
Sweet Chilli Chicken Strips & Salad			\$6.50
Standard Salad has Lettuce, Tomato, carrot & cucumber			
Add pineapple, beetroot, tomato OR cheese			Add 50c
To have sandwich toasted			Add 50c
Gluten Free Bread			Add \$1.00



## Salad Plates (Come with lettuce, tomato, carrot, cucumber, cheese, beetroot, pineapple - please specify any requirements)

Salad only	\$4.00
Ham OR Chicken OR Tuna and Salad	\$5.00
Sweet Chilli Chicken Strips and Salad	\$6.00
Chicken Crackles (qty 4) and Salad	\$6.00
Add Hard boiled Egg	Add 50c



HVPS Canteen follows the Traffic Light system of Healthy Food Regulations - our menu items are green or amber.



## Sushi (Homemade)

Tuna	\$5.50
Chicken	\$5.50
Vegetarian	\$5.50



## CANTEEN INFORMATION

Operating days are **Tuesdays and Thursdays** - volunteers are required on these days. The Canteen Manager is **Donna Lysle**, Ph: **0421 696 935**.

HVPS break times are: **1st**: 10.50am-11.20am & **2nd**: 1.20pm-1.50pm. If you have any other special requirements, please speak to Donna.