




HELENA VALLEY PRIMARY SCHOOL CANTEEN MENU - TERM 1, 2020



RECESS/FIRST BREAK

Cheesie	\$2.00
Snack Pie 50g	\$1.00
Pizza or Ham&Cheese Subs	\$2.00
Pastry Scrolls 40c ea or 3 for \$1	\$0.40
Mini Quiche	\$0.80
Custard	\$1.00
Brownie (Weet-Bix) Slice	\$0.80

Pikelet	\$0.30
Apple Slinky	\$1.00
Seasonal Fruit 	\$1.00
Muffins	\$1.00
Popcorn & Pretzel Mix	\$0.80
Recess Packs (Cheesie or Muffin)	\$2.50



TERM 1 MEAL DEALS

Chicken Wings (3) & Salad \$5.00

OR

Pasta Bolognaise & a slushie \$5.00


RECESS PACKS \$2.50

Cheesie Pack - fruit, mini pikelet, scroll & mini Cheesie

Muffin Pack - fruit, mini pikelet, scroll & muffin

Note: Gluten Free + Dairy Free options are available

EXTRAS

Drinks	
Bottled Water 	\$2.00
Flavoured Milk	\$2.50
Fruit Box	\$2.00
Juice Bomb (Carbonated Juice)	\$2.50
Up n Go	\$2.50
Slushie (Terms 1 & 4 only)	\$2.00
Warm Milo (winter only)	\$1.00
Icecreams & Cold Snacks	
Quelch Icy Tubes	\$1.00
Snap Zing	\$1.00
Sorbet (Summer Only)	\$0.80
Frozen "O's" (Pineapple)	\$1.00
Sauce	
Tomato Sauce	\$0.40

MAIN MEALS

Hot Food (add 40c for tomato sauce)

Hot Chicken Roll w/mayo	\$4.50
Hot Dog	\$3.80
Hamburger	\$5.00
Pizza	\$4.20
(Ham & Cheese, Ham & Pineapple or Vegetarian)	
Lasagne	\$4.80
Macaroni Cheese	\$3.80
Pasta Bolognaise	\$4.60
Chicken Crackles (qty 4)	\$3.00
Chicken Wings (qty 3)	\$3.00
Hash Browns (qty 1) 	\$1.10
Sausage Roll	\$3.00
Cruiser Pie (Plain Beef)	\$4.50
Nachos	\$4.50

MAIN MEALS

Sandwiches	S/wiches	Toasties	Rolls or Wraps
(Wholemeal or gluten free bread available on request)			
Cheese	\$3.00	\$3.50	
Cheese and Tomato	\$3.50	\$4.00	
Cheese & Salad 	\$4.00		\$5.00
Ham, Cheese & Tomato	\$4.50	\$5.00	
Meat Only (Ham, Chicken or tuna)	\$4.00	\$4.50	
Meat or Egg and Salad	\$4.50		\$5.50
Meat (Ham, Chicken or tuna) + Cheese	\$4.00	\$4.50	\$5.00
Sweet Chilli Chicken Strips & Salad			\$6.50
Note: Standard Salad has Lettuce, Tomato, carrot & cucumber			
To add pineapple, beetroot, tomato OR cheese	Add 50c		
Gluten Free Bread	Add \$1.00		

Salad Plates (Come with lettuce, tomato, carrot, cucumber, cheese, beetroot, pineapple - please specify any special requirements)

Salad only	\$4.00
Ham OR Chicken OR Tuna and Salad	\$5.00
Sweet Chilli Chicken Strips (2) and Salad	\$6.00
Chicken Crackles (qty 4) and Salad	\$6.00
Add Hard boiled Egg	Add 80c



HVPS Canteen follows the Traffic Light system of Healthy Food Regulations - our menu items are green or amber.



Sushi (Homemade)

Tuna 	\$5.80
Chicken	\$5.80
Vegetarian	\$5.80

CANTEEN INFORMATION

Operating days are **Tuesdays, Thursdays & Fridays** - volunteers are required on these days.

HVPS break times are: **1st:** 10.50am-11.15am & **2nd:** 1.15pm-1.50pm. If you have any other queries, please speak to **Donna Lysle, Ph: 0421 696 935.**